



DiscoverDance

Ages just walking to 5

MOVE. CREATE. INSPIRE.

WHEN WE DANCE...

DISCOVER W/ ME WALKING-3

We offer classes for our dancers who are just starting to walk!
DiscoverDance w/ Me (DDM) is the perfect place to start your dancer. Grownup & dancer participate together to create wonderful bonding experiences and memories!

2 performances
(affordable costumes!)

Recommend 1-2
classes/week

For example: DD1 and DD1/2
Acro or Hip Tap Hoppers

Class Options:

DDM, DDT, Tumbling tots, DD1,
3yo Hip Tap Hoppers, DD1/2
Acro, DD2, 4yo Hip Tap
hoppers

DDT 2-3 YRS

DiscoverDance Tots (DDT) is an independent 2 year old class. Dancers spend 1 year in this level.
Tumbling Tots adds acro elements!

DD1 3-4 YRS

DiscoverDance 1 (DD1) is an independent 3 year old class. Dancers spend 1 year in this level. There is also **DD1/2 Acro**, **DD1/2 Kpop** and **DD1/2 Hip Tap Hoppers** options available.

*Prepares you for
Kindergarten &
Indepen"dance"*

WE LEARN ...

CLASS ETIQUETTE
STRUCTURE
COORDINATION
TEAM WORK
DANCE
TERMINOLOGY

WE DEVELOP...

STRENGTH
COOPERATION
FLEXIBILITY
BALANCE
GROSS MOTOR SKILLS
KINESTHETIC
AWARENESS

WE BECOME ...

SMARTER
EXPRESSIVE
CONFIDENT
CREATIVE
INDEPENDENT

DD2 4-5 YRS

DiscoverDance 2 (DD2) is an independent 4/5 year old class. Dancers spend 1 year in this level. DD2 dancers can also take **DD1/2 Acro**, **DD1/2 Kpop** and **DD1/2 Hip Tap Hoppers**.



DiscoverDance Classes

DISCOVER W/ ME
WALKING-3

DDM Sat, 9:45-10:15a

DD1
3-4 YRS

DD1 Tues, 10:15-11:00a

DD1 Acro, Wed, 3:45-4:30p

DD1 Hip Tap Hoppers, Thurs,
3:45-4:30p

DD1 Kpop, Fri 4:00-4:45p

DD1 Sat, 10:30-11:15a

DDT
2-3 YRS

DDT Tues, 9:15-9:45a

DDT Tues, 4:45-5:15p

Tumbling Tots, Wed, 4:30-5:00p

DDT Sat, 9:00-9:30a

DD2
4-5 YRS

DD2 Mon, 4:00-4:45p

DD2 Acro Wed, 3:45-4:30p

DD2 Hip Tap Hoppers Thurs,
3:45-4:30p

DD2 Kpop Fri, 4:00-4:45p

DD2 Sat, 11:30a-12:15p



Register!





Explore - Level 2

Ages 5-10

MOVE. CREATE. INSPIRE.

- 2-3 Classes are recommended for these levels
**Take more for faster advancement!*
- Amazing for beginners & those who have taken 1-3 years of dance!
- 2 chances to perform:
"Sweet n' Salty Nutcracker" & Spring Shows

EXPLORE LEVEL KINDY

Kindergarten age dancers can choose from **Modern/Jazz, Ballet/Hip Hop, Ballet/Jazz, Tap/Hip Hop, Ballet/Tap & Acro/Hip Hop**. Dancers spend 1 year in this level.



LEVEL 1 6-8 YRS

Dancers can take: **Ballet, Hip Hop, Modern, Jazz, Tap, Jazz/Musical Theater, Acro, Kpop and Lyrical**. Dancers typically spend 1-2 years in this level.

LEVEL 2 7-10 YRS

Dancers in Level 2 range from approx. 2nd grade to 4th grade and have **Ballet, Hip Hop, Modern, Jazz, Musical Theater, Lyrical, Tap, Ballet/Hip Hop**, and **Acro** for class options. Dancers stay in level 2 for 1-3 years. **Level 2 dancers can also audition to be part of the LDC Company!**



LDC's Company mission is to provide a positive, fun and challenging environment for dancers to improve their training, learn new and exciting choreography, and make lifelong friendships. Our goal is to perform this choreography at non-competitive venues and events that align with both our studio and company mission.

POSITIVE
WELCOMING
FOUNDATIONS
CONFIDENCE
FRIENDSHIPS
SKILL GROWTH

EXPLORE LEVEL KINDY

Explore Tap/Hip Hop- Mon, 4:45-5:30p
Explore Ballet/Jazz- Mon, 5:30-6:15p
Explore Ballet/Hip Hop- Tues, 5:15-6:00p
Explore Ballet/Jazz- Thurs, 3:45-4:30p
Explore Ballet/Tap- Fri, 4:00-4:45p
Explore Modern/Jazz- Fri, 4:45-5:30p
Explore Hip Hop/Acro- Sat, 9:30-10:15a

LEVEL 2 7-10 YRS

Modern 2- Mon, 3:45-4:45p
Hip Hop 2- Mon, 4:45-5:30p
Ballet 2- Tues, 3:45-4:45p
***Lyrical 2/3- Tues, 4:45-5:30p
Jazz 2- Wed, 4:00-5:00p
Tap 2- Wed, 5:00-5:45p
Jazz/Musical Theater 1/2- Fri, 4:45-5:45p
Kpop Hip Hop 1/2- Fri, 5:45-6:30p
****Acro 1/2- Sat, 10:15-11:00a
Ballet/HH 2- Sat, 12:15-1:30p

Explore - Level 2

Ages 5-10

LEVEL 1 6-8 YRS

Hip Hop 1- Mon, 4:00-4:45p
Jazz/Modern 1- Mon, 4:45-6:00p
Ballet/Lyrical 1- Tues, 4:00-5:15p
Hip Hop/Acro 1- Wed, 5:45-6:45p
Tap 1- Thurs, 3:45-4:30p
Jazz 1- Thurs, 4:30-5:15p
Jazz/Musical Theater 1/2- Fri, 4:45-5:45p
Kpop Hip Hop 1/2- Fri, 5:45-6:30p
****Acro 1/2- Sat, 10:15-11:00a
Ballet 1- Sat, 11:00-11:45a



Register!





Levels 3-6

Ages 9-17

4+ Classes are recommended!

4 Teams of LDC Company:

Inspire (Levels 2/3)

Ignite (Levels 3/4)

Innovate (Levels 4/5)

Illuminate (Levels 5/6)

Be a part of a unique team experience! Expert training, local performances, life long friends and more!

LEVEL 3

9-12 YRS

Level 3 dancers have previous experience & range in age from 3rd grade to middle school. Options are: **Modern, Contemporary, Hip Hop, Ballet, Pre-Pointe, Lyrical, Jazz, Tap, and Acro.** They are able to apply to be in our **Corps program, Company** and can begin their **Pointe journey!** Dancers move up when technique & strength requirements are met.

LEVEL 4
9-15 YRS

Level 4 dancers range in age from upper elementary to high school. Classes offered are **Hip Hop, Modern, Contemporary, Ballet, Pre-Pointe, Jazz, Tap, Acro, Company, and Corps.** Dancers move up when technique and strength requirements are met.

ENCOURAGEMENT
CONNECTION
EMOTIONAL BALANCE
STRONG TECHNIQUE
INSPIRING CLASSES
SUPPORTIVE
INDIVIDUALITY

MOVE. CREATE. INSPIRE.

Your dancer's **pointe journey** begins at **Level 3!** Dancers can take pre-pointe classes to improve a dancer's strength and ability. In order to be en pointe, a dancer must pass a **pointe test.** Once they pass, LDC plans a special trip to get them fitted for their first pointe shoes!



LEVEL 5-6

11-17 YRS

Level 5-6 dancers range in age from middle school to high school. Classes offered are **Hip Hop, Modern, Contemporary, Ballet, Pre-Pointe, Pointe, Jazz, Leaps/Turns, Acro, Company, and Corps.** These are our highest level and dancers are expected to take multiple styles per week.

The LDC Corps Teacher Mentorship Program trains dancers ages 9+ to become studio leaders, progressing them from early childhood teaching assistants to

independent class instructors. Along the way, members participate in quarterly training classes and collaboratively choreograph a dance for the LDC Spring Show.



LDC is a proud chapter of the NHSDA! This program is open to all middle and high schoolers who are looking to add dance honors credits to their academic achievements. Discover personal mentorship, community service events, student connection activities and more!



LEVEL 3

9-12 YRS

Jazz 3- Mon, 6:00-7:00p

Hip Hop 3- Mon, 7:00-7:45p

***Lyrical 2/3- Tues, 4:45-5:30p

Ballet 3 (P)- Tues, 5:45-7:00p

***Pre-Pointe- Tues, 7:00-7:30p

Modern/Contemporary 3- Wed, 4:30-5:45p

Tap 3/4- Thurs, 5:00-5:45p

Tap 3- Thurs, 5:45-6:30p

*Ballet 3/4- Sat, 11:45a-12:45p

****Acro 3/4- Sat, 12:45-1:30p

LEVEL 4

9-15 YRS

Hip Hop 4- Mon, 6:15-7:00p

*Ballet 4/Pre-Pointe- Mon, 7:00-8:15p

Modern/Contemporary 4- Wed, 7:00-8:30p

Tap 3/4- Thurs, 5:00-5:45p

*Ballet 4 (NP)- Thurs, 5:45-6:45p

Jazz 4- Thurs, 6:56-7:45p

*Ballet 3/4- Sat, 11:45a-12:45p

****Acro 3/4- Sat, 12:45-1:30p

LEVEL 5

11-17 YRS

Hip Hop 5/6- Mon, 5:30-6:15p

*Ballet 5/6 (P)- Tues, 5:15-6:45p

***Pre-Pointe- Tues, 7:00-7:30p

***Pointe- Tues, 7:00-7:30p

Modern 5- Wed, 7:00-8:00p

Contemporary 5- Wed, 8:00-9:00p

*Ballet 5 (NP)- Thurs, 5:15-6:45p

****Leaps/Turns 5/6- Thurs, 6:45-7:15p

LEVEL 5-6

11-17 YRS

Hip Hop 5/6- Mon, 5:30-6:15p

Modern 6- Mon, 6:15-7:30p

Contemporary 6- Mon, 7:30-8:30p

*Ballet 5/6 (P)- Tues, 5:15-6:45p

***Pre-Pointe- Tues, 7:00-7:30p

***Pointe- Tues, 7:00-7:30p

Jazz 6- Tues, 7:30-8:45p

*Ballet 6 (NP)- Wed, 6:45-8:15p

***Pointe- Wed, 8:15-9:00p

****Leaps/Turns 5/6- Thurs, 6:45-7:15p



Register!





Adults Teen

MOVE. CREATE. INSPIRE.



Ages 18+ Ages 12-17

ALL TEEN AND ADULT DANCERS CAN PARTICIPATE
IN 2 PERFORMANCES A SEASON!

ADULTS

Adults of all ages & levels can choose from **Adult Open, Ballet Burn, WERQ, Ballet Basics, Tap, Hip Hop** and **Yoga**. Some adult classes get to perform in our annual shows! LDC offers several free weekend workshops for our adult clientele!

CORE LDC VALUES RESPECT
FOR INDIVIDUAL SELF,
BODY, FELLOW DANCERS,
TEACHERS/STAFF AND
THE ART OF DANCE.

VALUES



TEEN

12-17 YRS

Older dancers just starting out have a place at LDC! Gain confidence and build the foundational skills in a slower paced class geared to older beginners. Start in our **Teen Jazz/Musical Theater** or **Teen Ballet/Contemporary** class and then move on to level 3 after learning and mastering the foundations.

Your Journey Starts Here

Embracing and growing the whole person & dancer



Learn more about
LDC, our story & begin
your journey!



Adults

Ages 18+

ADULTS

Adult Ballet Burn- Tues, 10:15-11:00a
Adult Ballet- Tues, 11:00a-12:00p
Adult Ballet Basic- Tues, 6:00-6:45p
WERQ- Tues, 6:45-7:30p
Beg Adult Tap- Thurs, 6:30-7:15
Int/Adv Adult Tap- Thurs, 7:15-8:00
Restorative Yoga/Sound Bath- Thurs,
8:00-9:00
Power Yoga- Sat, 8:30-9:30a



Teen

Ages 12-17

TEEN 12-17 YRS

Teen Jazz/Musical Theater-
Mon, 7:45-8:45p
Teen Ballet/Contemporary-
Tues, 7:30-8:30p

Register!

