

# What is DiscoverDance?

**The DiscoverDance Early Childhood Program** is a series of movement classes designed to introduce children to the creative and expressive world of dance. Each program offers children the opportunity to develop their natural movement ability in a multi-sensory environment. Music, movement, visuals, and props will enhance your dancer's love of the art form and the unique conceptual approach to dance education will provide the opportunity for cognitive growth.



# Discover Dance

Early Childhood Dance Education

## Come dance with us!

Discover. Develop. Appreciate.

The **ART**  
of **Dance**



A developmentally age appropriate dance curriculum for children 5 and under.

# DISCOVERDANCE PROGRAMS:

## Discover with Me

**Walking-Age 3 with Adult**

Explore the joy of movement with your little one and discover the many benefits of early childhood dance classes. We will dance, sing, and play in both one-on-one activities and group activities. Through circle songs, open exploration, and gross motor development exercises, children will blossom with each passing class as they grow with their caregiver during this precious time together.

## DiscoverTOTS

**Age 2/3\***

Watch your child's independence and confidence soar, as our DiscoverTOTS explore and discover the benefits of a more structured dance class. Following directions, waiting for our turn, and collectively problem solving will encourage emotional and social development. Live singing, musical play, and sensory props will have these little ones moving and grooving with their friends and eager to return to class each week!

## DiscoverDance 1

**Age 3/4\***

Discover the magic of imaginative play with live singing, structured explorations, and skill development. Our DiscoverDance 1 classes offer an outlet for creative expression, physical growth, and social interaction. Children will explore the essence of movement that will lead to the discovery of multiple styles of dance.

## DiscoverDance 2

**Age 4/5\***

As a continuation of our DiscoverDance 1 classes, our DiscoverDance 2 dancers continue the exploration of concepts with more emphasis on physical growth, flexibility, and coordination. Short choreographic combinations assist in memory development as structured explorations continue to assist the development of problem solving and social interaction.

\*Please contact studio for age cut off dates

# Why Dance?

Children who dance are **CREATIVE**, **EXPRESSIVE**, and **CONFIDENT**.

They develop **GROSS** and **FINE MOTOR SKILLS**, **COORDINATION**, **STRENGTH**, **BALANCE**, and **KINESTHETIC AWARENESS**.

Early exposure to a classroom setting creates **STRUCTURE**, and teaches **CLASS ETIQUETTE**, **COOPERATION**, and **TEAM WORK**.

